

英语 3 复习资料

A 卷

一、从下列给出的单词中，根据内容进行填空（20 分）。

A) process B)high C)enjoying D)anxiety E)settle F)cautious
G)cooperate H)greatly I)dropping J)hardly K)intense L)focus
M)aspiration N)critical O)procedure

Sport is not only physically challenging, but it can also be mentally challenging. Criticism from coaches, parents, and other teammates, as well as pressure to win can create an excessive amount of __1__ or stress for young athletes. Stress can be physical, emotional, or psychological and research has indicated that it can lead to burnout. Burnout has been described as __2__ or quitting of an activity that was at one time enjoyable. The early years of development are __3__ years for learning about oneself. The sport setting is one where valuable experiences can take place. Young athletes can, for example, learn how to __4__ with others, make friends, and gain other social skills that will be used throughout their lives. Coaches and parents should be aware, at all times, that their feedback to youngsters can __5__ affect their children. Youngsters may take their parents' and coaches' criticisms to heart and find a flaw (缺陷) in themselves. Coaches and parents should also be __6__ that youth sport participation does not become work for children. That outcome of the game should not be more important than the __7__ of learning the sport and other life lessons. In today's youth sport setting, young athletes may be worrying more about who will win instead of __8__ themselves and the sport. Following a game many parents and coaches __9__ on the outcome and find fault with youngsters' performances. Positive reinforcement should be provided regardless of the outcome. Research indicates that positive reinforcement motivates and has a greater effect on learning than criticism. Again, criticism can create __10__ levels of stress, which can lead to burnout.

二、中译英——用括号中给出的单词进行句子翻译（10 分）。

1. 他擅长使用各种电脑。（operate）
2. 对于有关自己学校里的各种事情，大多数同学在网上都参加过讨论。（participate）
3. 演出以一段五十多岁的人耳熟能详的经典音乐开始。（familiar）

4. 缺乏信心一直以来是他失败的关键，现在他终于下定决心改变自己。
(determined)

5. 据估计，这项工程将持续三年。(estimate)

三、英译中，根据句子含义翻译成汉语（10分）。

1. The government called for the establishment of more technical schools.

2. It noted that being overweight has been linked to sickness and death from such diseases as high blood pressure, diabetes (糖尿病), heart disease and gallbladder (胆囊) disease..

3. There is no denying that the fast development of computers has led to a series of changes in other fields.

4. It was the beautiful scenery, which was beyond words, that made him deeply impressed.

5. Not only should we assure customers of the good quality of the products but also of the best service.

四. 阅读理解（20分）

(A)

As the pace of life continues to increase, we are fast losing the art of relaxation. Once you are in the habit of rushing through lift, being on the go from morning till night, it is hard to slow down. But relaxation is essential for a healthy mind and body.

Stress is a natural part of everyday lift and there is no way to avoid it. In fact, it is not the bad thing it is often supposed to be. A certain amount of stress is vital to provide motivation and give purpose to life. It is only when the stress gets out of control that it can lead to poor performance and ill health.

The amount of stress a person can withstand depends very much on the individual. Some people are not afraid of stress, and such characters are obviously prime material for managerial responsibilities. Others lose heart at the first signs of unusual difficulties. When exposed to stress, in whatever form, we react both

chemically and physically. In fact, we make choice between "fight" or "flight" and in more primitive days the choice made the difference between life or death. The crises we meet today are unlikely to be so extreme, but however little the stress, it involves the same response. It is when such a reaction lasts long, through continued exposure to stress, that health becomes endangered. Such serious conditions as high blood pressure and heart disease have established links with stress. Since we cannot remove stress from our lives(it would be unwise to do so even if we could),we need to find ways to deal with it.

1. People are finding less and less time for relaxing themselves because_____.

- A. They do not know how to enjoy themselves
- B. They do not believe that relaxation is important for health
- C. They are travelling fast all the time
- D. They are becoming busier with their work

2. According to the writer, the most important character for a good manager is his _____.

- A. not fearing stress
- B. knowing the art of relaxation
- C. high sense of responsibility
- D. having control over performance

3. Which of the following statements is true?

A. We can find some ways to avoid stress
B. Stress is always harmful to people
C. It is easy to change the habit of keeping oneself busy with work.

D. Different people can withstand different amounts of stress

4. In Paragraph 3, "such a reaction" refers back to_____.

- A. "making a choice between 'flight' or 'fight'"
- B. "reaction to stress both chemically and physically"
- C. "responding to crises quickly"
- D. "losing heart at the signs difficulties"

5. In the last sentence of the passage, "do so " refers to _____.

- A. "expose ourselves to stress"
- B. "find ways to deal with stress"
- C. "remove stress from our lives"
- D. "established links between diseases and stress"

(B)

There are two factors which determine an individual's intelligence. The first is the sort of brain he is born with. Human brains differ considerably, some being more capable than others. But no matter how good a brain he has to begin with, an individual will have a low order of intelligence unless he has opportunities to learn. So the second factor is what happens to the individual—the sort of environment in

which he is reared. If an individual is handicapped environmentally, it is likely that his brain will fail to develop and he will never attain the level of intelligence of which he is capable.

The importance of environment in determining an individual's intelligence can be demonstrated by the case history of the identical twins, Peter and Mark X. Being identical, the twins had identical brains at birth, and their growth processes were the same. When the twins were three months old, their parents died, and they were placed in separate foster homes. Peter was raised by parents of low intelligence in an isolated community with poor educational opportunities. Mark was reared in the home of well-to-do parents who had been to college. He was read to as a child, sent to good schools, and given every opportunity to be stimulated intellectually. This environmental difference continued until the twins were in their late teens, when they were given tests to measure their intelligence. Mark's I.Q. was 125, twenty-five points higher than the average and fully forty points higher than his identical brother. Given equal opportunities, the twins, having identical brains, would have tested at roughly the same level.

1. This selection can best be titled _____.
 - A. Measuring Your Intelligence
 - B. Intelligence and Environment
 - C. The Case of Peter and Mark
 - D. How the brain Influences Intelligence
2. The best statement of the main idea of this passage is that _____.
 - A. human brains differ considerably
 - B. the brain a person is born with is important in determining his intelligence
 - C. environment is crucial in determining a person's intelligence
 - D. persons having identical brains will have roughly the same intelligence
3. According to the passage, the average I.Q. is _____.
 - A. 85
 - B. 100
 - C. 110
 - D. 125
4. The case history of the twins appears to support the conclusion that _____.
 - A. individual with identical brains seldom test at same level
 - B. an individual's intelligence is determined only by his environment
 - C. lack of opportunity blocks the growth of intelligence
 - D. changes of environment produce changes in the structure of the brain

5. This passage suggests that an individual's I.Q. _____.

- A. can be predicted at birth
- B. stays the same throughout his life
- C. can be increased by education
- D. is determined by his childhood

五. 作文 (20 分)。

For this part, you are allowed 30 minutes to write a composition on the topic "Choosing a career". You should write **at least 120 words**. And you should base your composition on the outline (given in Chinese) below:

- 1. 选择职业是人生的大事
- 2. 选择职业时应该考虑的因素
- 3. 我的观点

答案:

一、从下列给出的单词中, 根据内容进行填空 (20 分)。

1-5 DINGH 6-10 FACLB

二、中译英——用括号中给出的单词进行句子翻译 (10 分)。

1. 他擅长使用各种电脑。(operate)

He is good at operating different kinds of computers.

2. 对于有关自己学校里的各种事情, 大多数同学在网上都参加过讨论。(participate)

The majority of students have participated in the discussion on the net about what happened/what has happened/what is happening in their own school(s).

3. 演出以一段五十多岁的人耳熟能详的经典音乐开始。(familiar)

The performance began with a piece of music which was familiar to people in their fifties.

4. 缺乏信心一直以来是他失败的关键, 现在他终于下定决心改变自己。(determined)

Lacking/Lack of confidence is always the key to his failure, and now he was finally determined to change himself.

5. 据估计, 这项工程将持续三年。(estimate)

It is estimated that the project will last three years.

三. 英译中, 根据句子含义翻译成汉语 (10 分)。

1. The government called for the establishment of more technical schools.
政府号召建立更多的技术学校.

2、 It noted that being overweight has been linked to sickness and death from such diseases as high blood pressure, diabetes (糖尿病), heart disease and gallbladder (胆囊) disease..

报告指出, 肥胖容易引起疾病, 容易导致由高血压、糖尿病、心脏病和胆囊炎等引起的死亡.

3、 There is no denying that the fast development of computers has led to a series of changes in other fields.

不可否认的是, 正式计算机的快速发展带来了其他领域的一系列变化。

4、 It was the beautiful scenery, which was beyond words, that made him deeply impressed.

正是这无法用语言描绘的美景, 才使得他印象非常深刻。

5、 Not only should we assure customers of the good quality of the products but also of the best service.

我们不仅应该向顾客保证产品的质量, 而且要提供最佳服务。

四、阅读理解 (20 分)

(A)

1-5 DADBC

(B)

1-5 BCBCC

B 卷

一、英译汉 20'

1. At every stage of development, clothes can help establish a person's identity for himself and for those with whom he interacts. The childhood game of "dressing up" in parents clothes provides the opportunity for the child to practice the roles he will be expected to play in adult life. (3')

2. In relationship banking the emphasis is on establishing a long-term, multiple-service relationship; on satisfying the totality of the client's financial service needs; on minimizing the need or desire to clients to splinter their financial business among various institutions. (4')

3. In March, a committee of representatives met to discuss a plan to unclog the city and clean up the environment. (3')

4. Insomnia exists when a person is not able to get the amount of sleep needed to operate effectively. (2')

5. Drinks containing alcohol or caffeine can block sleep. (2')

6. Besides the people living in London, thousands of men and women from towns and villages surrounding the capital work in London and travel to their offices daily by train or by car. (2')

7. If the covers on your body, such as a blanket, have slipped off your bed, you may dream that you are sleeping or resting on the ice and

snow. (2')

8. These vehicles have been collected over the last 25 years, first at a time when some were considered as obsolete and worthless and could be purchased for a few dollars. (2')

二、汉译英 20' (2*10)

1. 他们昨天把老房子卖了。
2. 我不知道谁打碎了窗户。
3. 努力学习不然考试通不过。
4. 我的问题是，我没有太多时间做这项工作。
5. 受污染的空气是有毒的，对健康有害。
6. 好的记忆对学习语言很有帮助。
7. 说话前要考虑仔细。
8. 我们落后于预定计划大约 15 分钟。
9. 说时容易，做时难。
10. 世界上没有东西比光的速度更快。

三、Cloze 20'

Advertising can be thought of as “the means of making known in order to buy or sell goods or services”. Advertising ___1___ to increase people’ s awareness and arouse interest. It tries to inform and to ___2___. The media are all used to spread the message. The press offers a fairly cheap method. ___3___ are used to reach special sections of the market. The cinema and commercial radio are useful for local markets. Televisions, ___4___ more expensive, can be very ___5___. Posters are fairly cheap and more permanent in their

_____6_____ of attraction. Other ways of increasing consumers' interest and through exhibitions and trade fairs as _____7_____ as direct mail advertising.

There can be no doubt _____8_____ the growth in advertising is one of the most striking _____9_____ of the western world in this century. Many business such as those _____10_____ frozen foods, liquor, tobacco and medicines have been _____11_____ up largely by advertising.

We might ask whether the cost of _____12_____ is paid for by the manufacturer or by the customer. _____13_____ advertising forms part of the cost of production, which has to be _____14_____ by the selling price, it is clear that it's the _____15_____ who pays for advertising. However, if large scale advertising leads to _____16_____ demand, production costs are _____17_____, and the customer pays less.

It is difficult to _____18_____ exactly the influence of advertising on sales. _____19_____ is clear is that businesses would not pay large sums for advertising if they were not convinced of its _____20_____ of them.

() 1. (A) means (B) aims (C) tends (D) requires

() 2. (A) appeal (B) attract (C) supply (D) persuade

() 3. (A) Magazines (B) Newspapers (C) Books (D)

Booklets

() 4. (A) if (B) when (C) although (D) as

- () 5. (A) practical (B) effective (C) dull (D) funny
- () 6. (A) power (B) force (C) method (D) failure
- () 7. (A) much (B) fast (C) far (D) well
- () 8. (A) if (B) that (C) what (D) where
- () 9. (A) features (B) ideas (C) choices (D) inventions
- () 10. (A) dealing (B) buying (C) consuming (D) handling
- () 11. (A) made (B) put (C) built (D) pulled
- () 12. (A) goods (B) production (C) advertising (D) sales
- () 13. (A) If (B) Since (C) Although (D) Whether
- () 14. (A) excluded (B) indicated (C) influenced (D) covered
- () 15. (A) customer (B) producer (C) businessman (D) advertiser
- () 16. (A) declined (B) increased (C) minimum (D) modest

- () 17. (A) raised (B) reduced (C) required (D) accumulated
- () 18. (A) exert (B) conclude (C) measure (D) neglect
- () 19. (A) That (B) What (C) It (D) Which
- () 20. (A) efficiency (B) amount (C) influence (D) value

四、Reading 20' (1*20)

Passage A

Google, the Internet search-engine company, has announced it will give more than twenty-five million dollars in money and investments to help the poor. The company says the effort involves using the power of information and technology to help people improve their lives.

Aleem Walji works for Google.org -- the part of the company that gives money to good causes. He said the company's first project will help identify where infectious (传染性的) diseases are developing. In Southeast Asia and Africa, for example, Google.org will work with partners to strengthen early-warning systems and take action against growing health threats.

Google.org's second project will invest in ways to help small and medium-sized businesses grow. Walji says microfinance (小额信贷) is generally small, short-term loans that create few jobs. Instead, he says Google.org wants to develop ways to bring investors and business

owners together to create jobs and improve economic growth.

Google.org will also give money to help two climate-change programs announced earlier this year. One of these programs studies ways to make renewable (再生的) energy less costly than coal-based energy. The other is examining the efforts being made to increase the use of electric cars.

The creators of Google have promised to give Google.org about one percent of company profits and one percent of its total stock value every year. Aleem Walji says this amount may increase in the future.

() 1. The purpose of Google' s investments is to _____.

- A) help poor people
- B) develop new technology
- C) expand its own business
- D) increase the power of information

() 2. According to Aleem Walji, the company' s first project is to _____.

- A) set up a new system to warn people of infectious diseases
- B) find out where infectious diseases develop
- C) identify the causes of infectious diseases
- D) cure patients of infectious diseases

() 3. What kind of businesses will benefit from Google.org' s second project?

- A) large enterprises
- B) cross-national companies

- C) foreign-funded corporations
- D) small and medium-sized businesses

() 4. From the fourth paragraph, we learn that Google' s money is also invested to help _____.

- A) start more research programs
- B) make more advanced electric cars
- C) develop renewable and coal-based energy
- D) conduct studies related to climate changes

() 5. From the last paragraph we learn that the investments by Google.org come from _____.

- A) Google' s profits and stock value
- B) some international IT companies
- C) the company' s own interests
- D) local commercial banks

Passage B

40. Years ago the idea of disabled people doing sport was never heard of. But when the annual games for the disabled were started at Stoke Mandrell, England in 1984 by Sir Ludwig Guttmann, the situation began to change.

Sir Ludwig Guttmann, who had been driven to England in 1939 from Nazi

Germany, had been asked by the British government to set up an injuries centre at Stoke Mandrell Hospital near London. His ideas about treating injuries included sport for the disabled.

In the first games just two teams of injured soldiers took part. The next year, 1949, five teams took part. From those beginnings, things have developed fast. Teams now come from abroad to Stoke Mandrell every year. In 1960 the first Olympics for the Disabled were held in Rome, in the same place as the normal Olympic Games, although they are organized separately. In other years Games for the Disabled are still held at Stoke Mandrell. In the 1984 wheelchair Olympic Games, 1064 wheelchair athletes from about 40 countries took part. Unfortunately, they were held at Stoke Mandrell and not in Los Angeles, along with the other Olympics.

The Games have been a great success in promoting international friendship and understanding, and in proving that being disabled does not mean you can't enjoy sport. One small source of disappointment for those who organize and take part in the games, however, has been the unwillingness of the International Olympic Committee to include disabled events at the Olympic Games for the able-bodied. Perhaps a few more years are still needed to convince those fortunate enough not to be disabled that their disabled fellow athletes should not be excluded.

() 6. The first games for the disabled were held _____ after Sir Ludwig Guttmann arrived in England.

- A) 40 years
- B) 21 years
- C) 10 years
- D) 9 years

() 7. Besides Stoke Mandrell, surely the games for the disabled we

re once held in _____.

- A) New York
- B) London
- C) Rome
- D) Los Angeles

() 8. In Paragraph 3, the word "athletes" means _____.

- A) people who support the games
- B) people who watch the games
- C) people who organize the games
- D) people who compete in the games

() 9. Which of the following statements is NOT true?

- A) Sir Ludwig Guttmann is an early organizer of the games for the disabled.
- B) Sir Ludwig Guttmann is an injured soldier.
- C) Sir Ludwig Guttmann is from Germany.
- D) Sir Ludwig Guttmann is welcomed by the British government.

() 10. From the passage, we may conclude that the writer is _____.

- A) one of the organizers of the games for the disabled
- B) a disabled person who once took part in the games
- C) against holding the games for the disabled
- D) in favour of holding the games for the disabled

Passage C

There are three kinds of goals: short-term, medium-range and long-term goals. Short-range goals are those that usually deal with current activities, which we can apply on a daily basis. Such goals can be achieved in a week or less, or two weeks, or possible months. It should be remembered that just as a building is no stronger than its foundation, our long-term goals cannot amount to very much without the achievement of solid short-term goals. Upon completing our short-term goals, we should date the occasion and then add new short-term goals that will build on those that have been completed.

The intermediate goals build on the foundation of the short-range goals. They might deal with just one term of school or the entire school year, or they could even extend for several years. Any time you move a step at a time, you should never allow yourself to become discouraged or overwhelmed. As you complete each step, you will enforce the belief in your ability to grow and succeed. And as your list of completion dates grow, your motivation and desire will increase.

Long-range goals may be related to our dreams of the future. They might cover five years or more. Life is not a static thing. We should never allow a long-term goal to limit us or our course of action.

() 11. Our long-term goals mean a lot _____.

- A) if we complete our short-range goals
- B) if we cannot reach solid short-term goals
- C) if we write down the dates
- D) if we put forward some plans

() 12. New short-term goals are build upon _____.

- A) two years
- B) long-term goals
- C) current activities
- D) the goals that have been completed

() 13. When we complete each step of our goals, _____.

- A) we will win final success
- B) we are overwhelmed
- C) we should build up confidence of success
- D) we should strong desire for setting new goals

() 14. Once our goals are drawn up, _____.

- A) we should stick to them until we complete them
- B) we may change our goals as we have new ideas and opportunities
- C) we had better wait for the exciting news of success
- D) we have made great decision

() 15. It is implied but not stated in the passage that _____

—.

- A) those who have long-term goals will succeed
- B) writing down the dates may discourage you
- C) the goal is only a guide for us to reach our destination
- D) every should have a goal

Passage D

The Shoppers in the UK are spending less money on toilet paper to save money, research has shown.

Penny-pinching UK consumers choose cheaper products from discounters such as Aldi and Lidl rather than luxury alternatives.

This has wiped 6% off the value of the soft tissue paper market in the UK. It has shrunk from £1.19 billion in 2011 to £1.12 billion in 2015, according to a new report from market research company Mintel. Furthermore, the future of the market looks far from rosy, with sales expected to fall further to £1.11 billion in 2016.

In the last year alone, despite an increase in the UK population and a subsequent rise in the number of households, sales of toilet paper fell by 2%, with the average household reducing their toilet roll spending from £43 in 2014 to £41 in 2015.

Overall, almost three in five people say they try to limit their usage of paper—including facial tissue and kitchen roll—to save money.

“Strength, softness and thickness remain the leading indicators of toilet paper quality, with just a small proportion of consumers preferring more luxurious alternatives, such as those with flower patterns of perfume, said Mintel analyst Jack Duckett. ” These extra features are deemed unnecessary by the majority of shoppers, which probably reflects how these types of products are typically more expensive than regular toilet paper, even when on special offer.”

While consumers are spending less on toilet paper, they remain fussy—in theory at least—when it comes to paper quality. Top of Britons’ toilet paper wish list is softness (57%) followed by strength (45%) and thickness (36%).

One in 10 buyers rank toilet rolls made from recycled paper among their top considerations, highlighting how overall the environment is much less of a consideration for shoppers than product quality. In a

challenge for manufacturers, 81% of paper product users said they would consider buying recycled toilet tissue if it were comparable in quality to standard paper.

- () 16. The market sales of toilet paper have decreased because .
- A) Britons have cut their spending on it
 - B) its prices have gone up over the years
 - C) its quality has seen marked improvement
 - D) Britons have developed the habit of saving
- () 17. What does the author think of the future of the tissue paper market in the UK?
- A) It will expand in time.
 - B) It will remain gloomy.
 - C) It will experience ups and downs.
 - D) It will recover as population grows.
- () 18. What does Jack Duckett say about toilet paper?
- A) Special offers would promote its sales.
 - B) Consumers are loyal to certain brands.
 - C) Luxurious features add much to the price.
 - D) Consumers have a variety to choose from.
- () 19. What do we learn about Britons concerning toilet paper?
- A) They are particular about the quality of toilet paper.
 - B) They emphasize the strength of toilet paper the most.
 - C) They prefer cheap toilet paper to recycled toilet paper.
 - D) They reject using toilet paper with unnecessary features.

() 20. What can we infer from the last paragraph?

A) More and more Britons buy recycled toilet paper to protect the environment.

B) Toilet paper manufacturers are facing a great challenge in promoting its sales.

C) Toilet paper manufacturers compete with one another to improve product quality.

D) Environmental protection is not much of a concern when Britons buy toilet paper.

五、Writing 20'

Don' t Hesitate to Say "No"

1. 别人请求帮助时，在什么情况下我们会说“不”
2. 为什么有些人在该说“不”的时候不说“不”
3. 该说“不”时不说“不”的坏处

注意：字数不少于 120 词

答案：

一、

1. 在发展的每一个阶段，衣服可以帮助建立一个人的身份为他自己和那些与他互动的人。在父母衣服上“打扮”的童年游戏为孩子实践成人生活中扮演的角色提供了机会。
2. 在关系银行业务中，重点是建立长期的、多元的服务关系；满足客户的金融服务需求的整体性；尽量减少客户在各机构之间分割金融业务的需求或意愿。
3. 今年 3 月，一个代表委员会开会讨论了一项解散城市和清理环境的计划。
4. 当一个人无法获得有效睡眠所需的睡眠量时，失眠就存在。
5. 含有酒精或咖啡因的饮料可以阻止睡眠。

6. 除了居住在伦敦的居民外，首都周围的城镇和村庄成千上万的男性和女性在伦敦工作，每天乘火车或坐车去他们的办公室。
7. 如果你的身体上的覆盖物，比如毯子，从你的床上滑下来，你可能梦见你在冰雪中睡觉或休息。
8. 这些车辆在过去的 25 年里被收集起来，首先是在一些人被认为是过时的和没有价值的时候，可以用几美元买下。

二、

1. They sell out the old house yesterday.
2. I don' t know who broke the window.
- 3, You should study hard or you should be failed.
4. My question is that I have not too much time to do this work.
5. The polluted air is full of poison and harm to our health.
6. Good memory is helpful to study language.
7. You should take your own words into consideration before you say anything.
8. We were 15 minutes late for the scheduled plan.
9. It's easier said than do things.
10. Nothing in the world is faster than light.

三、

试卷 10 cloze

四、

1~5 ABDDA

6~10 DCBAD

11~15 ADBCC

16-20 ABCAD